

## Sexual Reproductive Health Services & Maternal Health

### A.) Mother & Child Health Care through Public Private Partnership

#### Broadening Advocacy and Awareness on Key initiatives for Health (Baakh)

Takhleeq Foundation with the support of Abt Associates and USAID initiated with the concept to improve access & linkages for mother & child health care by strengthening the public private support in Sanghar & Ghotki. As with basic reality, the Primary Health Care System in rural Sindh needs to be supported so that MNCH services may be enjoyed by the poor women. So TF experienced to redressed MNCH services and developed public private partnership for the provision of better health care services.

This intervention was moved through awareness raising & mobilization and through planned advocacy to developed linkages with MCH Services & referral system through capacity building of all stakeholders to achieve Public-Private support mechanism for sustainability. Takhleeq Foundation brand this project name as "**BAAKH**" (the first scenario of dawn) which will ultimately help in "**Broadening the Awareness and Advocacy on Key initiatives on Health**"

- Data gathering & compilation of 4000 women (child bearing age) & health facilities and community aware about parental risk factors of women and neonates, birth spacing methods and FP services.
- Capacity developed of TBAs/LHWs on safe delivery, birth spacing, Healthcare Providers to play effective role in positive behavioral communication.
- 2 BHU (Sanghar & Ghotki) strengthened to provide RH, MCH and FP services
- Health facility linked to provide basic RH, MCH & Family Planning services
- Pregnant women have access to availing timely referral facility in the target areas
- 2 Health committee / CCBs are functional & built strategic partnerships
- Developed referrals with respective health facilities

### B.) Community Self Reliance – Environmental Sanitation WATSEN

According to various survey of many organizations due to lack of sanitation facilities about 2.50000 child below the age of 5 years die from the disease of Diarrhea, occurs due to had sanitation conditions and net properly washing lands with soap after attending the call of nature and the house hold manual work. Takhleeq Foundation & UNICEF decide to launch this program in 5 districts of Sindh, namely Hyderabad, Sanghar, Mirpurkhas, Thatta and Jacobabad with the active participate of government functioning, local bodies funding education and health workers and NGO's as coordinators.

Takhleeq Foundation organized Environmental sanitation & WATSEN programs for awareness raising of people for health & sanitation through mass level campaign by clean sanitation activities, construction of household latrines, hygiene education, cleanness especially aware the people the need of hand washing with soap. Takhleeq Foundation planned with community

meetings with women councilors for social mobilization on sanitation & using latrine and washing of hands with soap to protect themselves and their children from Daiheria, Calra, and measles. They also distributed printed material and arrange video shows video films.

### **C.) Poverty Reduction through Integrated Development Approaches (Mother & Child Healthcare & HH)**

In the Eight Five Year Plan (1993-1998), the GDP growth of 7 percent is anticipated and about one-third of the population (almost 45 million people) are unable to generate income sufficient to provide minimum nutrition and other basic necessities of life and under the line of poverty. District Ghotki has 29 % educated population and least basic health facilities in the rural areas Takhleeq Foundation & Care International in Pakistan initiated to address the integrated approaches for poverty reduction among rural poor in Mirpur Methalo of District Ghotki with specific focusing in UC Jarwar. For deeper understanding and in depth study, Takhleeq Foundation & Care International jointly hold PRA at District Ghotki at UC Jarwar. The broader outcome of this PRA shows the most deprives area of UC Jarwar as Village TORRE Jarwar.

#### **Lessons Learned**

It was critically challanging to work in community at short time in such a feudalistic society. Sustainability, self reliance component needs strategic attention. Security Risk, Feudal System and Community Reaction on short term interventions are big challenges and how to structuring the infrastructure with in limited time frame.

### **D.) Sexual Reproductive Health (SRH) Maa Uor Mamta ke Lie Ik Naveed (MUMKIN)**

Takhleeq Foundation, Care International Pakistan and HANDS have jointly launched a two-year project MAA UOR MAMMTA KAELIE IK NAVEED (MUMKIN) in district Qambar-Shahdadkot to build the capacities of public and traditional health workers to effectively address SRH issues and improve utilization SRH facilities and services in Qambar- Shahdadkot district of Sindh. The project MUMKIN is designed to contribute towards reducing poverty in the framework of sustainable development by addressing the MDGs particularly MDG 5 'Improving Maternal Health'. In order to focus on sexual and reproductive health, Takhleeq Foundation is working to meet the needs of the poor and marginalized segments particularly women and youth, by improving their awareness and access to quality SRH services. Further it will also attempt to advance the role of women and increase their perspective in delivery and monitoring of SRH services.

#### **Activities:**

- ❖ Establish health committees at each health facility level
- ❖ Provide mobile SRH services at community level
- ❖ Improve capacity of traditional health workers (e.g. TBAs) in handling SRH cases
- ❖ Provide local dispensaries and THQ with relevant telecommunication equipment

- ❖ Disseminate behavior change communication in target area
- ❖ Sensitize women, youth and men towards SRH
- ❖ For quick back up of counseling, established toll free Help line
- ❖ For linkages and reduce the delay, community based referral has been established and developed linkages